

Patient Education - Minoxidil 5%, Hydrocortisone 0.5% Topical Solution

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Minoxidil topical is used to help you regrow hair on your scalp.

Minoxidil topical will not cause permanent regrowth of scalp hair. You must continue using the product to keep the regrowth of your hair.

Minoxidil topical may also be used for purposes not listed in this medication guide.

Do not use minoxidil topical if the skin on your scalp is red, swollen, irritated, or infected. This may allow more of the medication to be absorbed by your body, which could be dangerous.

Check the medicine label carefully to make sure minoxidil topical will treat your specific type of hair loss.

Using more of this medicine than recommended will not speed up hair growth, and may cause dangerous side effects.

Ask a doctor or pharmacist if it is safe for you to use minoxidil topical if you have other medical conditions, especially heart disease.

FDA pregnancy category C. It is not known whether minoxidil topical will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant.

It is not known whether minoxidil topical passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.

Do not use this medicine on anyone under 18 years old without medical advice.

Although the risk of serious side effects is low when minoxidil topical is applied to the skin, side effects can occur if the medicine is absorbed into your bloodstream.

Call your doctor at once if you have:

- severe scalp irritation
- unwanted growth of facial hair
- chest pain, fast heartbeats
- swelling in your hands or feet, rapid weight gain
- a light-headed feeling, like you might pass out
- headache, dizziness, confusion or
- flushing (warmth, redness, or tingly feeling).

Common side effects may include:

- changes in the color or texture of your hair.

Hydrocortisone – a topical steroid that is used to treat inflammation and itching caused by skin conditions that respond to steroid medication & may also be used for purposes not listed in this medication guide.

Steroid medicines can increase the glucose (sugar) levels in your blood or urine. Tell your doctor if you have diabetes.

Do not give hydrocortisone topical to a child younger than 2 years old without medical advice.

Ask a doctor before using this medicine if you are pregnant or breastfeeding.

Do not take by mouth. Topical medicine is for use only on the skin.

Read and carefully follow any Instructions for Use provided with your medicine. Ask your doctor or pharmacist if you do not understand these instructions.

Wash your hands before and after using hydrocortisone, unless you are using this medicine to treat the skin on your hands.

Apply a thin layer of medicine to the affected skin and rub it in gently. Do not apply this medicine over a large area of skin unless your doctor has told you to.

Do not cover the treated skin area with a bandage or other covering unless your doctor tells you to. Covering treated areas can increase the amount of medicine absorbed through your skin and may cause harmful effects.

Store at room temperature away from moisture and heat. Do not freeze. Keep the bottle tightly closed when not in use.

Call your doctor at once if you have: worsening of your skin condition redness, warmth, swelling, oozing, or severe irritation of any treated skin high blood sugar increased thirst, increased urination, dry mouth, fruity breath odor or possible signs of absorbing this medicine through your skin weight gain (especially in your face or your upper back and torso), slow wound healing, thinning or discolored skin, increased body hair, muscle weakness, nausea, diarrhea, tiredness, mood changes, menstrual changes, sexual changes.

Less serious side effects may be more likely, and you may have none at all.