

Patient Education - Adapalene 0.3%, Benzoyl Peroxide 5%, Niacinamide 2% Topical Cream

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Adapalene

Adapalene is a medicine similar to vitamin A. It helps the skin renew itself & is used to treat severe acne in people who are at least 12 years old it may also be used for purposes not listed in this medication guide. You should not use adapalene topical if you are allergic to adapalene.

It is not known whether adapalene passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby. It is not known whether adapalene will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant.

Do not take by mouth. Adapalene is for use only on the skin.

Adapalene is usually applied once daily in the evening. Wash your hands before applying this medicine.

Clean your skin with a mild non-medicated skin cleanser before applying the medicine. Pat the skin dry with a clean towel.

Do not apply to open wounds or on sunburned, windburned, dry, chapped, or irritated skin. Do not apply any other skin products unless your doctor has told you to. Avoid getting this medicine in your eyes, nose, or mouth.

You may use a skin moisturizer if your skin becomes dry while using adapalene. Avoid creams or lotions that contain alpha hydroxy or glycolic acids.

It may take several weeks before your acne improves, and it may get slightly worse for a short time when you first start using adapalene. Keep using the medication as directed, even if you think it is not working. Call your doctor if skin symptoms do not begin to improve within 8 to 12 weeks of using this medicine. Do not use adapalene topical to treat any condition that has not been checked by your doctor.

Store at room temperature away from moisture and heat. Do not freeze.

Avoid exposure to sunlight or tanning beds. Adapalene can make you sunburn more easily. Wear protective clothing and use sunscreen (SPF 30 or higher) when you are outdoors.

Avoid using other skin medications that contain sulfur, resorcinol, or salicylic acid (common in topical acne medications or skin cleansers).

Get emergency medical help if you have signs of an allergic reaction: hives, itching chest pain, difficult breathing swelling of your face, lips, tongue, or throat.

Stop using adapalene topical and call your doctor at once if you have: skin redness, stinging, burning, or peeling after sun exposure.

Some side effects may occur during the first 4 weeks of using this medicine. These side effects should become less noticeable with continued use. Common side effects may include: dry, red, or scaly skin feeling of warmth and mild stinging or burning peeling skin or skin pain. This is not a complete list of side effects and others may occur.

Benzoyl peroxide -Acne topical skin product, has an antibacterial effect. It also has a mild drying effect, which allows excess oils and dirt to be easily washed away from the skin. Benzoyl peroxide topical (for the skin) is used to treat acne & may also be used for purposes not listed in this medication guide.

Do not take by mouth. Topical medicine is for use only on the skin. Do not use on open wounds or on sunburned, windburned, dry, or irritated skin. Also avoid using benzoyl peroxide topical on wounds or on areas of eczema. Wait until these conditions have healed before using this medication.

Wash your hands before and after applying this medication. Clean and pat dry the skin to be treated. Apply benzoyl peroxide in a thin layer and rub in gently.

Benzoyl peroxide may bleach hair or fabrics. Avoid allowing this medication to come into contact with your hair or clothing.

Store at room temperature away from moisture and heat.

Avoid using skin products that can cause irritation, such as harsh soaps, shampoos, hair coloring or permanent chemicals, hair removers or waxes, or skin products with alcohol, spices, astringents, or lime.

Avoid exposure to sunlight or tanning beds. Wear protective clothing and use sunscreen (SPF 30 or higher) when you are outdoors.

Stop using benzoyl peroxide and call your doctor at once if you have any of these side effects on the treated skin: severe itching or burning severe stinging or redness swelling or peeling.

Common side effects may include: mild stinging or burning itching or tingly feeling skin dryness, peeling, or flaking or redness or other irritation.

This is not a complete list of side effects and others may occur.

Niacinamide – Topical anti-inflammatory

When applied topically, niacinamide has been shown to have anti-inflammatory effects on the skin. It has been used to treat skin conditions like acne and rosacea, a facial skin disorder characterized by redness.

Possible side effects include: mild burning, itching, or redness.