

Patient Education - Tretinoin 0.045%, Hydroquinone 6%, Fluocinolone 0.01% Topical Gel

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm>

Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Tretinoin - Tretinoin is a form of vitamin A that helps the skin renew itself, is used to treat acne, to smooth rough facial skin, and to reduce the appearance of fine wrinkles and mottled skin discoloration.

Tretinoin topical may also be used for purposes not listed in this medication guide.

More frequently reported side effects include: exfoliation of skin, stinging of the skin, localized warm feeling, and mild erythema of skin.

Do not give tretinoin topical to a child without medical advice. Some brands of tretinoin topical are not approved for use in anyone under 18.

It is not known whether tretinoin topical will harm an unborn baby. Tell your doctor if you are pregnant.

It may not be safe to breast-feed a baby while you are using this medicine. Ask your doctor about any risks.

Wash your hands before and after applying tretinoin topical. Before applying, clean and dry the skin area to be treated. Applying tretinoin topical to wet skin may cause skin irritation.

Do not wash the treated area or apply other skin products for at least 1 hour after applying tretinoin topical.

Tretinoin topical should be used as part of a complete skin care program that includes avoiding sunlight and using an effective sunscreen and protective clothing.

Call your doctor at once if you have:

severe burning, stinging, or irritation of treated skin severe skin dryness or severe redness, swelling, blistering, peeling, or crusting.

Your skin may be more sensitive to weather extremes such as cold and wind while using tretinoin topical.

Common side effects may include:

skin pain, redness, burning, itching, or irritation sore throat mild warmth or stinging where the medicine was applied or changes in color of treated skin.

Hydroquinone - Hydroquinone decreases the formation of melanin in the skin. Melanin is the pigment in skin that gives it a brown color.

Hydroquinone topical (for the skin) is used to lighten areas of darkened skin such as freckles, age spots, melasma (sun damage), or chloasma (darkened skin caused by hormonal changes).

Hydroquinone topical may also be used for purposes not listed in this medication guide.

Side effects include:

Mild skin irritation and sensitization (e.g., burning, erythema, stinging).

Fluocinolone - topical (for the skin) is a steroid medicine used to treat inflammation and itching caused by skin conditions that respond to steroid medication & may also be used for purposes not listed in this medication guide.

Steroid medicines can increase the glucose (sugar) levels in your blood or urine. Tell your doctor if you have diabetes.

It is not known whether fluocinolone topical will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant.

It may not be safe to breastfeed while using this medicine. Ask your doctor about any risk. If you apply fluocinolone to your chest, avoid areas that may come into contact with the baby's mouth.

Do not use this medicine on a child without medical advice. Children can absorb larger amounts of this medicine through the skin and may be more likely to have side effects.

Wash your hands before and after using fluocinolone, unless you are using this medicine to treat the skin on your hands.

Apply a thin layer of medicine to the affected skin and rub it in gently. Do not apply this medicine over a large area of skin unless your doctor has told you to.

Do not cover the treated skin area with a bandage or other covering unless your doctor tells you to. Covering treated areas can increase the amount of medicine absorbed through your skin and may cause harmful effects.

Store at room temperature away from moisture and heat. Do not freeze.

High doses or long-term use of fluocinolone topical can lead to thinning skin, easy bruising, changes in body fat (especially in your face, neck, back, and waist), increased acne or facial hair, menstrual problems, impotence, or loss of interest in sex.

Avoid applying fluocinolone topical to your face, underarms, or groin area.

Do not use fluocinolone topical to treat any skin condition that has not been checked by your doctor.

Call your doctor at once if you have: worsening of your skin condition redness, warmth, swelling, oozing, or severe irritation of any treated skin high blood sugar increased thirst, increased urination, dry mouth, fruity breath odor or possible signs of absorbing this medicine through your skin weight gain (especially in your face or your upper back and torso), slow wound healing, thinning or discolored skin, increased body hair, muscle weakness, nausea, diarrhea, tiredness, mood changes, menstrual changes, sexual changes.

Common side effects may include: burning, itching, or irritation of treated skin increased hair growth white or "pruned" appearance of the skin rash, pimples or changes in color of treated skin.

This is not a complete list of side effects and others may occur.