

# Patient Education - Triamcinolone 0.4%, Hyaluronic Acid 0.5

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

## Patient Education Insert

- Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm>

Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

**Triamcinolone** - A potent steroid that helps reduce inflammation in the body. Used to treat the inflammation and itching caused by skin conditions that respond to steroid medication.

You should not use triamcinolone if you are allergic to it.

Tell your doctor if you have ever had: A skin reaction to any steroid medicine liver disease or an adrenal gland disorder.

Steroid medicines can increase the glucose (sugar) levels in your blood or urine. Tell your doctor if you have diabetes.

Tell your doctor if you are pregnant or breastfeeding. If you apply triamcinolone to your chest, avoid areas that may come into contact with the nursing baby's mouth.

Triamcinolone topical cream, lotion, ointment, or spray is for use only on the skin. Triamcinolone dental paste is applied directly onto an ulcer inside the mouth and left in place.

Do not swallow triamcinolone topical.

Wash your hands before and after using triamcinolone topical, unless you are using this medicine to treat the skin on your hands.

Apply a thin layer of medicine to the affected skin. Do not apply this medicine over a large area of skin unless your doctor has told you to.

Do not cover the treated skin area with a bandage or other covering unless your doctor tells you to. Covering treated areas can increase the amount of medicine absorbed through your skin and may cause harmful effects.

If you are treating the diaper area, do not use plastic pants or tight-fitting diapers.

You should stop using this medicine once your symptoms are controlled.

Store at room temperature away from moisture and heat.

Avoid getting triamcinolone topical in your eyes.

Avoid using other topical steroid medications on the areas you treat with triamcinolone unless your doctor tells you to.

Do not use triamcinolone topical to treat any condition that has not been checked by your doctor.

Do not share this medicine with another person, even if they have the same symptoms you have.

Get emergency medical help if you have signs of an allergic reaction: hives difficult breathing swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have: worsening of your skin condition redness, warmth, swelling, oozing, or severe irritation of any treated skin blurred vision, tunnel vision, eye pain, or seeing halos around lights high blood sugar increased thirst, increased urination, dry mouth, fruity breath odor or

Possible signs of absorbing this medicine through your skin weight gain (especially in your face or your upper back and torso), slow wound healing, thinning or discolored skin, increased body hair, muscle weakness, nausea, diarrhea, tiredness, mood changes, menstrual changes, sexual changes.

Children can absorb larger amounts of this medicine through the skin and may be more likely to have side effects such as growth delay, headaches, or pain behind the eyes. A baby using this medicine may have a bulging soft spot (the top of the head where the skull hasn't yet grown together).

Common side effects may include: burning, itching, dryness, or other irritation of treated skin redness or crusting around your hair follicles redness or itching around your mouth allergic skin reaction stretch marks acne, increased body hair growth thinning skin or discoloration or white or "pruned" appearance of the skin (caused by covering treated skin with a tight bandage or other covering).

This is not a complete list of side effects and others may occur.

Hyaluronic Acid 1% - Is used to treat dry, scaly skin, such as that caused by atopic dermatitis.

Topical application of hyaluronic acid has very few potential side effects which include:

Redness, itching, skin pigmentation

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away.