

# Patient Education - Estriol 0.3%, Ascorbic Acid 1%, Hyaluronic Acid 0.5% Topical Gel

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

**Estriol** - Is a form of estrogen that increases collagen production, improves skin elasticity, retains moisture and treats symptoms of menopause. It may also be used for purposes not listed in this guide. Do not use if you have had: angina or a heart attack (myocardial infarction), a blood clot (thrombosis), breast cancer or suspect that you have breast cancer, cancer of other sex organs, you have had a liver disease, and your liver is still not working properly, you have a rare blood problem called ‘porphyria’.

Do not use Ovestin if you are pregnant or might become pregnant as it may adversely affect the developing baby.

Do not breast-feed if you are using this medicine.

Contact your doctor right away, if you notice any of the following rare but serious side effects – your doctor may decide to stop you using the cream: High blood pressure, skin or the whites of your eyes go yellow (jaundice), you suddenly have migraine-type headaches, you have signs of a blood clot.

Other side effects include: irritation or itching of the skin where applied, skin problems such as a rash or an allergy to the sun, breasts become swollen, tender or painful, headaches, flu-like symptoms. If you have any of these side effects tell your doctor.

Ascorbic acid (vitamin C) occurs naturally in foods such as citrus fruit, tomatoes, potatoes, and leafy vegetables. Vitamin C is important for bones and connective tissues, muscles, and blood vessels. Vitamin C also helps the body absorb iron, which is needed for red blood cell production.

Ascorbic acid is used to treat and prevent vitamin C deficiency & may also be used for purposes not listed in this medication guide.

You should not use ascorbic acid if you have ever had an allergic reaction to a vitamin C supplement.

Ask a doctor or pharmacist about using ascorbic acid if you have: kidney disease or a history of kidney stones hereditary iron overload disorder (hematochromatosis) or if you smoke (smoking can make ascorbic acid less effective).

Your dose needs may be different during pregnancy or while you are breast-feeding a baby. Do not use ascorbic acid without your doctor's advice in either case.

Get emergency medical help if you have any of these signs of an allergic reaction: hives difficult breathing swelling of your face, lips, tongue, or throat.

Stop using ascorbic acid and call your doctor at once if you have: joint pain, weakness or tired feeling, weight loss, stomach pain chills, fever, increased urge to urinate, painful or difficult urination or severe pain in your side or lower back, blood in your urine.

Common side effects may include: heartburn, upset stomach or nausea, diarrhea, stomach cramps.

This is not a complete list of side effects and others may occur.

**Hyaluronic Acid** - Is used to treat dry, scaly skin, such as that caused by atopic dermatitis.

Topical application of hyaluronic acid has very few potential side effects which include:

Redness, itching, skin pigmentation

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away.