

Patient Education - Tacrolimus 0.3%, Minoxidil 5%, Clobetasol 0.05% in Cetaphil Cleanser

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Tacrolimus - an immunosuppressant. It works by decreasing your body's immune system & is used to treat severe atopic dermatitis (eczema) & may also be used for purposes not listed in this medication guide.

Before using tacrolimus topical, tell your doctor if you have skin cancer or a skin infection (including herpes or chickenpox), any genetic skin disorder (such as Netherton's syndrome), a weak immune system, kidney disease, or swelling, redness, or irritation of large areas of your skin.

Tacrolimus can lower the blood cells that help your body fight infections. This can make it easier for you to get sick from a virus such as chicken pox or herpes (cold sores or shingles). Tell your doctor if you have been exposed to any illness.

Avoid sunlight, sun lamps, tanning beds, and phototherapy treatments with UVA or UVB light. If you must be outdoors, wear loose clothing over the skin areas treated with tacrolimus topical. Do not use sunscreen on treated skin unless your doctor has told you to.

Stop using tacrolimus and call your doctor at once if you have a serious side effect such as:

severe stinging, burning, itching, or soreness where the medicine is applied swollen glands redness or crusting around your hair follicles or signs of a skin infection (redness, swelling, itching, oozing).

Less serious side effects may include:

mild burning, stinging, or itching skin redness acne cold or flu symptoms such as stuffy nose, sneezing, sore throat headache or feeling more sensitive to hot or cold temperatures.

Minoxidil - used to help you regrow hair on your scalp, but will not cause permanent regrowth of scalp hair. You must continue using the product to keep the regrowth of your hair.

Do not use minoxidil topical if the skin on your scalp is red, swollen, irritated, or infected. This may allow more of the medication to be absorbed by your body, which could be dangerous.

Using more of this medicine than recommended will not speed up hair growth, and may cause dangerous side effects.

FDA pregnancy category C. It is not known whether minoxidil will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant. It is not known whether minoxidil topical passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.

Do not use this medicine on anyone under 18 years old without medical advice.

Although the risk of serious side effects is low when minoxidil topical is applied to the skin, side effects can occur if the medicine is absorbed into your bloodstream. Call your doctor at once if you have: severe scalp irritation unwanted growth of facial hair chest pain, fast heartbeats swelling in your hands or feet, rapid weight gain a light-headed feeling, like you might pass out headache, dizziness, confusion or flushing (warmth, redness, or tingly feeling). Common side effects may include: changes in the color or texture of your hair.

Clobetasol is a steroid that helps reduce inflammation and itching caused by plaque psoriasis or skin conditions that respond to steroid medication. It may also be used for

purposes not listed in this medication guide.

Steroid medicines can increase the glucose (sugar) levels in your blood or urine. Tell your doctor if you have diabetes.

It is not known whether clobetasol topical will harm an unborn baby. Tell your doctor if you are pregnant.

It may not be safe to breastfeed while using this medicine. Ask your doctor about any risk. If you apply clobetasol to your chest, avoid areas that may come into contact with the baby's mouth.

Clobetasol topical is not recommended for use by anyone younger than 12 years old. Children can absorb larger amounts of this medicine through the skin and may be more likely to have side effects.

Do not take by mouth. Topical medicine is for use only on the skin. Rinse with water if this medicine gets in your eyes or mouth.

Do not use clobetasol topical on broken or infected skin. Also avoid using this medicine in open wounds.

Wash your hands before and after using clobetasol, unless you are using the medicine to treat the skin on your hands.

Call your doctor at once if you have: worsening of your skin condition redness, warmth, swelling, oozing, or severe irritation of any treated skin blurred vision, tunnel vision, eye pain, or seeing halos around lights high blood sugar increased thirst, increased urination, dry mouth, fruity breath odor or possible signs of absorbing this medicine through your skin weight gain in your face and shoulders, slow wound healing, skin discoloration, thinning skin, increased body hair, tiredness, mood changes, menstrual changes, sexual changes.

Common side effects may include: burning, itching, swelling, or irritation of treated skin dry or cracking skin redness or crusting around your hair follicles, spider veins, stretch marks, thinning skin, rash or hives, acne.