

Patient Education - Minoxidil 8%, Finasteride 0.3%, Retinoic Acid 0.001%, Hydrocortisone 1% Topical Soln

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program
Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Finasteride - A 5 Alpha-Reductase Inhibitor, used to help you regrow hair on your scalp by preventing the conversion of testosterone to dihydrotestosterone (DHT) in the body. Finasteride may also be used for purposes not listed in this medication guide

Finasteride can cause birth defects if a woman is exposed to it during pregnancy & should not be handled by a woman who is pregnant or may become pregnant. If a woman accidentally comes into contact with finasteride, wash the area with soap and water right away.

You should not use finasteride if you are allergic to it. Finasteride should never be taken by a woman or a child. Finasteride can be absorbed through the skin, and women or children should not be permitted to handle finasteride tablets.

Using finasteride may increase your risk of developing prostate cancer. Talk with your doctor if you have concerns about this risk. Tell your doctor if you have ever had: liver disease, or abnormal liver function tests, prostate cancer, a bladder muscle disorder, stricture of your urethra urination problems or an allergic reaction to a similar medicine called dutasteride (Avodart).

Get emergency medical help if you have signs of an allergic reaction: hives difficulty breathing swelling of your face, lips, tongue, or throat.

Call your doctor at once if you notice any signs of male breast cancer, such as: breast lumps, breast pain or tenderness, nipple discharge or any other breast changes.

Common side effects may include: loss of interest in sex impotence trouble having an orgasm or abnormal ejaculation. The sexual side effects of finasteride may continue after you stop taking finasteride. Talk to your doctor if you have concerns about these side effects. This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects.

Minoxidil - used to help you regrow hair on your scalp.
Minoxidil topical will not cause permanent regrowth of scalp hair. You must continue using the product to keep the regrowth of your hair.

Minoxidil topical may also be used for purposes not listed in this medication guide.

Do not use minoxidil topical if the skin on your scalp is red, swollen, irritated, or infected. This may allow more of the medication to be absorbed by your body, which could be dangerous.

Check the medicine label carefully to make sure minoxidil topical will treat your specific type of hair loss.

Using more of this medicine than recommended will not speed up hair growth, and may cause dangerous side effects.

Ask a doctor or pharmacist if it is safe for you to use minoxidil topical if you have other medical conditions, especially heart disease.

FDA pregnancy category C. It is not known whether minoxidil topical will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant. It is not known whether minoxidil topical passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.

Do not use this medicine on anyone under 18 years old without medical advice.

Although the risk of serious side effects is low when minoxidil topical is applied to the skin, side effects can occur if the medicine is absorbed into your bloodstream.

Call your doctor at once if you have:

- severe scalp irritation
- unwanted growth of facial hair
- chest pain, fast heartbeats
- swelling in your hands or feet, rapid weight gain
- a light-headed feeling, like you might pass out
- headache, dizziness, confusion or flushing (warmth, redness, or tingly feeling).

Common side effects may include:

- changes in the color or texture of your hair.

Tretinoin - Tretinoin is a form of vitamin A that helps the skin renew itself, is used to treat acne, to smooth rough facial skin, and to reduce the appearance of fine wrinkles and mottled skin discoloration.

Tretinoin topical may also be used for purposes not listed in this medication guide.

More frequently reported side effects include: exfoliation of skin, stinging of the skin, localized warm feeling, and mild erythema of skin.

Do not give tretinoin topical to a child without medical advice. Some brands of tretinoin topical are not approved for use in anyone under 18.

It is not known whether tretinoin topical will harm an unborn baby. Tell your doctor if you are pregnant.

It may not be safe to breast-feed a baby while you are using this medicine. Ask your doctor about any risks.

Wash your hands before and after applying tretinoin topical. Before applying, clean and dry the skin area to be treated. Applying tretinoin topical to wet skin may cause skin irritation.

Do not wash the treated area or apply other skin products for at least 1 hour after applying tretinoin topical.

Tretinoin topical should be used as part of a complete skin care program that includes avoiding sunlight and using an effective sunscreen and protective clothing.

Call your doctor at once if you have:

severe burning, stinging, or irritation of treated skin severe skin dryness or severe redness, swelling, blistering, peeling, or crusting.

Your skin may be more sensitive to weather extremes such as cold and wind while using tretinoin topical.

Common side effects may include:

skin pain, redness, burning, itching, or irritation sore throat mild warmth or stinging where the medicine was applied or changes in color of treated skin.

Hydrocortisone – a topical steroid that is used to treat inflammation and itching caused by skin conditions that respond to steroid medication & may also be used for purposes not listed in this medication guide.

Steroid medicines can increase the glucose (sugar) levels in your blood or urine. Tell your doctor if you have diabetes.

Do not give hydrocortisone topical to a child younger than 2 years old without medical advice.

Ask a doctor before using this medicine if you are pregnant or breastfeeding.

Do not take by mouth. Topical medicine is for use only on the skin.

Read and carefully follow any Instructions for Use provided with your medicine. Ask your doctor or pharmacist if you do not understand these instructions.

Wash your hands before and after using hydrocortisone, unless you are using this medicine to treat the skin on your hands.

Apply a thin layer of medicine to the affected skin and rub it in gently. Do not apply this medicine over a large area of skin unless your doctor has told you to.

Do not cover the treated skin area with a bandage or other covering unless your doctor tells you to. Covering treated areas can increase the amount of medicine absorbed through your skin and may cause harmful effects.

Store at room temperature away from moisture and heat. Do not freeze. Keep the bottle tightly closed when not in use.

Call your doctor at once if you have: worsening of your skin condition redness, warmth, swelling, oozing, or severe irritation of any treated skin high blood sugar increased thirst, increased urination, dry mouth, fruity breath odor or possible signs of absorbing this medicine through your skin weight gain (especially in your face or your upper back and torso), slow wound healing, thinning or discolored skin, increased body hair, muscle weakness, nausea, diarrhea, tiredness, mood changes, menstrual changes, sexual changes.

Less serious side effects may be more likely, and you may have none at all.