

Patient Education - Clindamycin 2%, Tacrolimus 0.09%, Niacinamide 5% Topical Cream

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program
Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Clindamycin - Used to treat severe acne in adults and children who are at least 12 years old. Clindamycin topical may also be used for purposes not listed in this medication guide.

You should not use clindamycin topical if you are allergic to clindamycin or lincomycin, or if you have: inflammation of your intestines (also called enteritis) ulcerative colitis or if you have ever had severe diarrhea caused by antibiotic medicine.

Tell your doctor if you have ever had: eczema or other skin problems or an intestinal disorder.

It is not known whether this medicine will harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant.

If you are breastfeeding, tell your doctor if you notice diaper rash, diarrhea, or signs of stomach pain in the nursing baby. If you apply clindamycin foam to your chest, avoid areas that may come into contact with the baby's mouth.

Stop using clindamycin topical and call your doctor at once if you have: severe redness, itching, or dryness of treated skin areas or severe stomach pain, diarrhea that is watery or bloody (even if it occurs months after your last dose).

Common side effects may include: burning, itching, dryness, peeling or redness of treated skin or oily skin.

Tacrolimus - an immunosuppressant. It works by decreasing your body's immune system & is used to treat severe atopic dermatitis (eczema).

Tacrolimus may also be used for purposes not listed in this medication guide.

You should not use tacrolimus topical if you are allergic to it.

Before using tacrolimus topical, tell your doctor if you have skin cancer or a skin infection (including herpes or chickenpox), any genetic skin disorder (such as Netherton's syndrome), a weak immune system, kidney disease, or swelling, redness, or irritation of large areas of your skin.

Tacrolimus can lower the blood cells that help your body fight infections. This can make it easier for you to get sick from a virus such as chicken pox or herpes (cold sores or shingles). Tell your doctor if you have been exposed to any illness.

Avoid sunlight, sun lamps, tanning beds, and phototherapy treatments with UVA or UVB light. If you must be outdoors, wear loose clothing over the skin areas treated with tacrolimus topical. Do not use sunscreen on treated skin unless your doctor has told you to.

Stop using tacrolimus and call your doctor at once if you have a serious side effect such as: severe stinging, burning, itching, or soreness where the medicine is applied swollen glands redness or crusting around your hair follicles or signs of a skin infection (redness, swelling, itching, oozing).

Less serious side effects may include:

mild burning, stinging, or itching skin redness acne cold or flu symptoms such as stuffy nose, sneezing, sore throat headache or feeling more sensitive to hot or cold temperatures.

Niacinamide – Topical anti-inflammatory

When applied topically, niacinamide has been shown to have anti-inflammatory effects on the skin. It has been used to treat skin conditions like acne and rosacea, a facial skin disorder characterized by redness.

Possible side effects include: mild burning, itching, or redness.