

# Patient Education - Minoxidil 5%, Finasteride 1%, Tacrolimus 0.03%

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

## Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Minoxidil - is used to help you regrow hair on your scalp & may also be used for purposes not listed in this medication guide. Minoxidil will not cause permanent regrowth of scalp hair. You must continue using the product to keep the regrowth of your hair.

Do not use minoxidil topical if the skin on your scalp is red, swollen, irritated, or infected. This may allow more of the medication to be absorbed by your body, which could be dangerous.

Using more of this medicine than recommended will not speed up hair growth, and may cause dangerous side effects.

Ask a doctor or pharmacist if it is safe for you to use minoxidil topical if you have other medical conditions, especially heart disease.

FDA pregnancy category C. It is not known whether minoxidil topical will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant. It is not known whether minoxidil topical passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.

Do not use this medicine on anyone under 18 years old without medical advice.

Although the risk of serious side effects is low when minoxidil topical is applied to the skin, side effects can occur if the medicine is absorbed into your bloodstream.

Call your doctor at once if you have: severe scalp irritation, unwanted growth of facial hair, chest pain, fast heartbeats, swelling in your hands or feet, rapid weight gain, a light-headed feeling, like you might pass out headache, dizziness, confusion, or flushing (warmth, redness, or tingly feeling).

Common side effects may include: changes in the color or texture of your hair.

Finasteride - A 5 Alpha-Reductase Inhibitor, used to help you regrow hair on your scalp by preventing the conversion of testosterone to dihydrotestosterone (DHT) in the body. Finasteride may also be used for purposes not listed in this medication guide

Finasteride can cause birth defects if a woman is exposed to it during pregnancy & should not be handled by a woman who is pregnant or may become pregnant. If a woman accidentally comes into contact with finasteride, wash the area with soap and water right away.

You should not use finasteride if you are allergic to it. Finasteride should never be taken by a woman or a child. Finasteride can be absorbed through the skin, and women or children should not be permitted to handle finasteride tablets.

Using finasteride may increase your risk of developing prostate cancer. Talk with your doctor if you have concerns about this risk. Tell your doctor if you have ever had: liver disease, or abnormal liver function tests, prostate cancer, a bladder muscle disorder, stricture of your urethra urination problems or an allergic reaction to a similar medicine called dutasteride (Avodart).

Get emergency medical help if you have signs of an allergic reaction: hives difficulty breathing swelling of your face, lips, tongue, or throat.

Call your doctor at once if you notice any signs of male breast cancer, such as: breast lumps, breast pain or tenderness, nipple discharge or any other breast changes.

Common side effects may include: loss of interest in sex impotence trouble having an orgasm or abnormal ejaculation.

The sexual side effects of finasteride may continue after you stop taking finasteride. Talk to your doctor if you have concerns about these side effects.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects.

Tacrolimus - an immunosuppressant. It works by decreasing your body's immune system & is used to treat atopic dermatitis (eczema) & may also be used for purposes not

listed in this guide. You should not use tacrolimus topical if you are allergic to it.

Before using tacrolimus topical, tell your doctor if you have skin cancer or a skin infection (including herpes or chickenpox), any genetic skin disorder (such as Netherton's syndrome), a weak immune system, kidney disease, or swelling, redness, or irritation of large areas of your skin.

Tacrolimus can lower the blood cells that help your body fight infections. This can make it easier for you to get sick from a virus such as chicken pox or herpes (cold sores or shingles). Tell your doctor if you have been exposed to any illness.

Avoid sunlight, sun lamps, tanning beds, and phototherapy treatments with UVA or UVB light. If you must be outdoors, wear loose clothing over the skin areas treated with tacrolimus topical. Do not use sunscreen on treated skin unless your doctor has told you to.